



## JOB DESCRIPTION

**Job Title:** Sport Coach.

**Reports to:** Programme Leader.

Salary: Competitive.

**Liaises with:** Relevant staff members throughout LSST's Campuses according to the needs of the post.

**Based at:** Across all campuses (Birmingham/London/Luton)

In the future, or in occasions, there may be a need to visit and/or teach on ad-hoc basis in any one of the LSST's campuses, prior agreement.

### **Job Purpose:**

To bring personal experience to the content taught to a range of students from a variety of backgrounds, and help them achieve their educational and career goals. You will be required to plan and deliver both creative and innovative teaching/coaching to University level, or according to the guidelines of the awarding body of the qualification that you are part of. You will be responsible for assisting in the development of programmes and their assessment. You are responsible for planning, organising and delivering an appropriate range of sports activities and programmes for students

As a sports coach, you'll help people participating in sports to work towards achieving their full potential. They may support professional sportspeople, sports teams, community teams or school groups, working closely with them to improve performance. They may have a role in encouraging underrepresented groups or young people to participate in sporting activities.

### **Main duties and responsibilities:**

- Teaching relevant skills, tactics and techniques.
- Monitoring and enhancing performance by providing tuition, encouragement and constructive feedback
- Identifying strengths and weaknesses
- Advising about health and lifestyle issues
- Developing training programmes
- Undertaking administrative tasks
- Assisting with sports promotion/development.
- Evaluating performance and providing suitable feedback, balancing criticism with positivity and motivation
- Assessing strengths and weaknesses in a participant's performance and identifying areas for further development
- Adapting to the needs and interests of group or individual participants
- Communicating instructions and commands using clear, simple language
- Demonstrating an activity by breaking the task down into a sequence
- Encouraging participants to gain and develop skills, knowledge and techniques
- Ensuring that participants train and perform to a high standard of health and safety at all times
- Inspiring confidence and self-belief
- Developing knowledge and understanding of fitness, injury, sports psychology, nutrition and sports science
- Working with IT-based resources to monitor and measure performance
- Acting as a role model, gaining the respect and trust of the people you work with
- Liaising with other partners in performance management, such as physiotherapists, doctors and nutritionists
- Working to a high legal and ethical standard at all times, particularly in relation to issues such as child safeguarding and health and safety requirements.
- To identify, share and embed good practice and resources in teaching, learning and assessment and course/subject leadership.
- To provide pastoral care and support to students.

- To actively follow and promote all LSST policies.
- To maintain an awareness and observation of fire and health and safety regulations.
- To lead and manage the induction of learners onto the course/subject, if/when required.
- To design the Assessment Plan to ensure effective learning and coverage in accordance with course outcomes and to liaise with department colleagues to ensure that assessment plan is cohesive and sensitive to student needs.
- To ensure that short-term and long-term targets are set with students and regularly reviewed by the subject/course team.
- To assist in the development of learning materials, preparing schemes of work and maintaining records to monitor student progress, achievement and attendance.
- To undertake internal moderation/verification.
- To undertake any other duties, as required, appropriate to the grade of the post.
- Any other duties that may be reasonably be requested by the management from time to time.

#### Persons Specifications:

<i>CRITERIA</i>	<i>ESSENTIAL</i>	<i>DESIRABLE</i>
<b>Qualifications:</b>	<ul style="list-style-type: none"> <li>• A relevant first degree or equivalent</li> </ul> <p>Relevant degree and HND/foundation degree subjects include:</p> <ul style="list-style-type: none"> <li>• Health science</li> <li>• Sport coaching</li> <li>• Sports management</li> <li>• Sports science.</li> </ul>	<ul style="list-style-type: none"> <li>• SkillsActive</li> <li>• Masters in a relevant field</li> </ul>
<b>Knowledge and Experience:</b>	<ul style="list-style-type: none"> <li>• Been involved with activities in sport at a regional level.</li> <li>• Networks with sports development officers within local authorities.</li> </ul>	<ul style="list-style-type: none"> <li>• In higher education in the UK</li> </ul>
<b>Key Skills:</b>	<p>Physical fitness</p> <p>Excellent interpersonal skills</p> <p>Communication skills</p> <p>Team working skills.</p>	
<b>General Skills:</b>	<ul style="list-style-type: none"> <li>• Producing personalised training programmes</li> <li>• Maintaining records of participant performance</li> <li>• Coordinating participants' attendance at meetings and other sports events</li> <li>• Planning and running programmes of activities for groups and individuals</li> <li>• Transporting participants to and from training sessions and sports events</li> <li>• Seeking and applying for sponsorship agreements</li> <li>• Finding appropriate competitions for participants</li> </ul>	<ul style="list-style-type: none"> <li>• Coaching and Management experience.</li> </ul>

	<ul style="list-style-type: none"> <li>• Marketing and promoting your services, if you're self-employed</li> <li>• Planning your own work schedule.</li> </ul>	
<b>Other:</b>	<p>Self- motivated</p> <p>Objectives / Outcome oriented</p> <p>Ability to work as a member of a team with shared objectives</p>	

**How to Apply:** Email your CV to our HR team at: [recruitment@lsst.ac](mailto:recruitment@lsst.ac).